




Faculty Details

Title	Dr.	First Name	Nisha	Last Name	Chaudhary	Photograph
Designation	Assistant Professor					
Address	2, Purva Deen Dayl, Railway Road Chopla near SBI Bank, Meerut (Uttar Pradesh)					
Phone No Office	9899744323					
Email/ Web-Page	nisha.chaudhary@bramb.du.ac.in					
Educational Qualifications						
Degree	Institution				Year	
Ph.D	University of Delhi				2014	
M.A. Psychology	Indraprastha College For Women, University of Delhi				2009	
B.A. (Hons.) Psychology	Indraprastha College For Women, University of Delhi				2007	
Senior Secondary	Dayawati Modi Academy-I				2004	
Secondary	Dayawati Modi Academy-I				2002	
Career Profile						
<p>Working on aspects of successfull aging , career counseling, intergenerational relationship and altrusitic behaviour. I think building a road map for positive aging is the most significant research contribution by me in the field of Gerontology. Innovativeness is needed in creating a friendly, trustworthy and adaptive teaching-learning environment for students. I always amalgamate both empirical and recent tools of learning. Presentations, use of smart board, panel vivas all are incorporated in the learning process. Experiential excercises and group activities are best ways to enhance interest in students and lastly black board use and oral communication which does not loose its importance ever.</p>						
Administrative Assignments						
<ul style="list-style-type: none"> Active member of various societies, committees and programmes in the college. Guiding students for research and dissertations Headed Organizing Committee of the National Seminar on Media- Mediated Realities and Its Impact on Psycho- Social Wellbeing (Grant by UGC) Co chaired MANA-XUE, seminar and academic fest on Psychological Capital of Indian Youth: Challenges and Opportunities, 2015. 						
Areas of Interest / Specialization						
Positive Psychology, Gerontology, Clinical Psychology, Counseling						
Subjects Taught						
<p>Taught papers- Organizational Psychology, Social Psychology, Clinical Psychology, Counseling Psychology, Bio Psychology, Developmental Psychology, Introduction to Psychology, Research Methodology, Testing, Experimental Psychology, Systems, Psychology of Gender, Youth Psychology, Psychology of Health and Wellbeing.</p>						
Research Guidance						

Supervision of Graduation Dissertation on:

- Understanding and Examining the relationship between Self Esteem and Psychological Well Being with Imposter Phenomenon Among Young Adults living in Nuclear or Joint Families (2024)
- Media pressure and women's body image discernment: A cross cultural study of North and South Indian Women (2023)
- The prevalence and the psychological sequelae of sexual assault on people who identify with LGBTI in India (2023)

Publications Profile

- Chapter on Thinking and Problem Solving in the Book for Senior Secondary Course, National Institute of Open Schooling– 2024.
- Chapter on Thinking, Problem Solving and Decision Making in the Book for Graduation, Department of Distance and Continuing Education Campus of Open Learning/School of Open Learning– 2023.
- Paper published in Kaav International Journal of Arts, Humanities and Social Science (2022) on- AN EXPLORATORY IMPACT OF SOCIAL MEDIA INFLUENCER MARKETING ON CONSUMER. (ISSN- 2348-4349)
- Paper published in National Journal of Arts, commerce and Scientific Research Review (2021) on- A STUDY OF EFFECTIVENESS OF NADA YOGA ON ANXIETY, STRESS AND DEPRESSION DURING COVID-19 PANDAMIC.
- Paper published in Indian Journal of Psychological Sciences (2020) on- YOGA: ENHANCING WELL-BEING OF YOUNGER AND OLDER GENERATION.
- Paper published in International Research Journal of Management, Sociology and Humanities (2020) on- IMPACT OF WHOLISTIC EDUCATION: A COMPREHENSIVE STUDY WITH STUDENTS.
- Paper published in Kaav International Journal of Arts, Humanities and Social Science (2019) on- ASSESSMENT OF LEVEL OF TRUST, HONESTY AND INDIVIDUALITY AMONG MARRIED COUPLES.
- Paper published in Indian Journal of Positive Psychology (2017) on- HOPE: FAITH IN WHAT WILL BE.
- Paper published in Indian Journal of Health and Wellbeing (2017) on- QUALITY OF LIFE- LIFE'S ESSENCE.
- Paper published in the Journal of Positive Psychology (2015) on- INTERGENERATIONAL RELATIONSHIP: JOINT FAMILY SYSTEM, THE BACKBONE OF INDIAN FAMILIES.
- Paper published in the American International Journal of Research in Humanities, Arts and Social Sciences (May 2015) on- LAWS FOR ELDERLIES IN INDIA: ITS APPLICABILITY AND LOOP HOLES.
- Paper published in the Indian Journal of Health and Wellbeing (July 2014) on- RESILIENCE: THE POWER TO RECOVER FROM ADVERSITIES.
- Paper published in the International Journal of Education and Management Studies (June 2014) on- CONFLICTING ROLE OF COUNSELORS: SCENARIO OF INDIAN SCHOOLS.
- Paper published in the Indian Journal of Positive Psychology (June 2014) on- TIME FOR A CHANGE: APPLYING GANDHIAN PERSPECTIVE FOR A FULFILLING AND CONTENTED LIFE.
- Paper published in the Journal of Positive Psychology (2013) on- TO UNDERSTAND THE PRESENCE OF GRANDPARENTS AND THEIR IMPACT ON THE ALTRUISTIC BEHAVIOUR OF THE ADOLESCENTS.
- Chapter on SUCCESSFUL AGEING: AN INTROSPECTION AND JOURNEY THROUGH POSITIVE PSYCHOLOGY APPROACH in the Book on Perspectives in Positive Psychology by Prof. N.K. Chadha – 2012.

Conference / Presentations /Workshops

- Completion of a three day program on Cognitive Behavior Therapy, 2020 conducted by International Career Coaching Association.
- Completed one month Faculty Induction Programme with A+ grade, 2020 under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- Attended Faculty Development Programme on "Research Methodology" with A+ grade (October 01-15, 2020) under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- Completion of a three-day program on Expressive Arts Therapy, 2020 conducted by International Career Coaching Association.
- Attended one week Faculty Development Programme on "Development and Implementation of MOOC'S with A+ grade, 2020 under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- Attended Faculty Empowerment Workshop entitled- WGBI: National Workshop on Basic ICT Skills for Educators in SGTB Khalsa College, University of Delhi- 2017.
- Attended Workshop on Multidimensional Career Choice Decision making Battery- A Futuristic Approach, 2016 at University of Delhi.
- Training Workshop On Rorschach Inkblot Test Organized by Indian Association of Positive Psychology and India Career Development Association (October, 2014)
- Three months Course done in Psychological Assessment for Competency Building Conducted by Department of Adult, Continuing Education (Delhi University, 2007-2008)
- One Year Course on Women's Studies Conducted by Women's Studies and Development Centre (Delhi University, 2004-2005)
- Presented Paper in 1st International and 3rd national Conference on Positive Psychology : The Ripple Effect (2015)
- Presented a paper in International Conference of Applied Psychology 2014 - Paris (France) on RELATIONSHIP BETWEEN DEPRESSION AND LONELINESS AMONG ELDERLIES: AN EXPLORATION (8- 13 July, 2014)
- Presented a paper in XXII Annual Convention of the National Academy of Psychology (NAOP) India on SPIRITUAL INTERVENTION IN OLD AGE: A ROAD TOWARDS POSITIVE HEALTH. (10th – 12th December 2012)
- Presented a paper in 1st National Conference of Indian Association of Positive Psychology on EFFECT OF YOGA ON WELL BEING OF ADOLESCENTS AND ELDERLIES. (24th – 26th December 201)
- Presented a paper in 3rd International Conference on Positivism: Foundation for Human Dimension on INTERGENERATIONAL RELATIONSHIP: POSITIVES OF INDIAN JOINT FAMILY SYSTEM. (6th – 8th August 2012)
- Presented a paper in 38th NACIACP 2012 on EFFECTS OF PRESENCE OF GRANDPARENTS ON THE ALTRUSITIC BEHAVIOUR OF ADOLESCENTS. (28TH January 2012)
- Presented a paper in 96th Indian science congress meet in Shillong on DEPRESSION, LONELINESS AND DEATH ANXIETY AMONG ELDERLY (5TH Jan 2009).

Research Projects (Major Grants/Research Collaboration)

Awards and Distinctions
<ul style="list-style-type: none"> • Chaired a Scientific paper presentation session in International Conference on Psychology and Technology: Shaping the World held at Vigyan Bhawan, Delhi, 2023. • Chaired a paper presentation session in National Conference on Psychology and Its Role in Human and Societal Development held at Dr. Bhim Rao Ambedkar College, University of Delhi, 2022. • Chaired a Session on Perspectives of Successful Aging in National Conference held at Mata Sundri College for Women, University of Delhi, 2016. • Chaired the session on Assessment and measures in old age in 28th International Congress of Applied Psychology- ICAP 2014, Paris- 2014. • Junior research fellowship holder and has cleared net in November, 2010 (JRF-NET) • Second topper in the second year of graduation (Indraprastha College For Women). • Awarded the certificate for ALL ROUND STUDENT OF PSYCHOLOGY in College during Graduation.
Association With Professional Bodies
Membership of Indian academy of Applied Psychology, India Career Development Association
Other Activities
Have been part of testing, research and tools building for an MNC called MINDLER (Career Counseling)

Nisha Chaudhary

Signature of Faculty Member



- You are also requested to also give your complete resume as a DOC and PDF file to be attached as a link on your faculty page.