




## Faculty Details



Title	First Name	Last Name	Photograph
Designation	Dr. Neha Arora		
Address	917, Sector 29, Faridabad, Haryana, 121008		
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<b>Educational Qualifications</b>			
Degree	Institution	Year	
BA (H) Psy	LSR, DU	2009	
MA Psy	IP College, DU	2011	
M. Phil	ZHCES, JNU	2013	
PhD	ZHCES, JNU	2020	
<b>Career Profile</b>			
Bhim Rao Ambedkar College, University of Delhi, August 2019 - Present Indraprastha College for Women, University of Delhi, January 19- May 19' January 17- May 17 Gargi College, University of Delhi, August 2015- December 2016; July 017-May 2018 Lady Shri Ram College for Women, University of Delhi, October 2014- May 2015 Kamala Nehru, University of Delhi, August 2014- September 2014			
<b>Administrative Assignments</b>			
<ul style="list-style-type: none"> <li>Guiding students on dissertation projects and research</li> <li>Conducting and publishing research articles in the area of psychology</li> <li>Actively involved in college societies like Placement committee, counseling committee, yoga committee and cultural committee.</li> <li>Coordinating events and seminars in college on mental health and organized national level conference on 'Role of Psychology in Human and Societal Development' as co-convenor of the programme.</li> </ul>			
<b>Areas of Interest / Specialization</b>			
<b>Subjects Taught</b>			

Teaching papers like Managing human resources, Psychology at work, stress management, systems in psychology,

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Abnormal psychology, Abnormal psychology, Media Psychology, Psychology of Disability and Statistical Methods in Psychological Research. Psychology for Living and Social Psychology Cultural and Indigenous Psychology, Counselling Psychology, Introduction to Psychology, Psychology for living, Applied Social Psychology to undergraduate and graduate students

Dr. Neha Arora

- Taught papers like Cognition and learning, School Contact Programme, Observing Children, Classroom Management and supervising various projects at B.El Ed Department, Lady Shri Ram College for Women.

#### Research Guidance

Research project entitled “Relationship Between Psychological Well-Being and Resilience in Young Adults” of Ms. Nishtha from IGNOU

- Research project entitled “Impact of Family Environment on Stress In Adolescence” of Ms. Chanda Tiwari from IGNOU

- Research project entitled “Response to Adversity To Academic Motivation, Stress And Self Esteem With Academic Achievement: A Study On Higher Secondary School Students In Delhi” of Mr. Ankit Wankhede from IGNOU

- Research project entitled “Self-Concept and Academic Anxiety Among High And Low Achiever Secondary School Students In Delhi” of Ms. Anuradha from IGNOU.

#### Publications Profile

- Bhardwaj T, Arora N, Rajvanshi A. Psychometric Evaluation of Patient Health Questionnaire 9 Hindi for Use with Patients with Cancer in Community Palliative Care Settings. (2025) Indian J Palliat Care. doi: 10.25259/IJPC\_250\_2024
- Bhardwaj T, Arora N, Paul A, Chowdhary P. (2023). Cultural Adaptation of Patient Health Questionnaire-9 in Hindi for Use with Patients with Cancer in Community Palliative Care Settings. Indian J Palliat Care. Jul-Sep;29(3):292- 311. doi: 10.25259/IJPC\_96\_2023. Epub 2023 Sep 2. PMID: 37700900; PMCID: PMC10493686.
- Arora, N. (2020). Is entity theory of intelligence always maladaptive: contextualizing implicit theories of intelligence. International Educational and Research Journal, 6 (6). ISSN No. 2454-9916.
- Arora, N. (2020). Towards Contextualising implicit theories and achievement goals: rethinking about the dichotomies, i-manager’s Journal on Educational Psychology, 14 (1), 24-34. 0973-8827
- Arora, N. (2016). Meritocracy in Education: An Implicit Theory Perspective. The International Journal of Indian Psychology,3 (63). ISSN No. 2349-3429.

- Arora, N. (2015). Intelligence based meritocracy: perspectives from social identity theory and self-categorization theory. G D Goenka Journal of Applied Psychology, 1(1), 3-8. ISSN no. 2395-1036

#### Conference / Presentations /Workshops

Participated in a workshop on “Expressive Arts Therapy” organized by the Department of Psychology, Gargi College from 24th February 2018-26th February 2018.

- Participated in a National seminar on “Mentoring the Teacher-Mentors: Capacity Building Programme” organized in Gargi College on 19th and 20th January 2018.
- Participated in GIAN Course on “The Psychology of Group, Power, and Influence” organized by School of Humanities and Social Psychology, IIT, Delhi from 8th

-12th January 2018.

- Participated in the Faculty Development Program: “Teaching and Research Innovation in Psychology” organized by Indraprastha College for Women, University of Delhi from 14th

-20th March, 2017.

- Students’ Mentor for the community outreach Project on “Psychological Aid for the Undertrial Prisoners” jointly organized by International Bridges to Justice, India (IBJ INDIA) and Department of Psychology, Indraprastha College for Women (IPCW), University of Delhi in coordination with Delhi Prisons from 10th January to 18th April, 2017 conducted at the Central Jail No.6, Tihar Central Jail, New Delhi.
- Online refresher Course in Psychology-Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching

(PMMMNMTT), organized by Teaching Learning Centre (TLC), Ramanujan College in association with Center for Psycho-Social Resource Development and Training, Ramanujan College, University of Delhi from 11.04.2021 to 26.04.2021.

#### Research Projects (Major Grants/Research Collaboration)

#### Awards and Distinctions

-All India Topper in Class 12 <sup>th</sup> amongst all the DAV schools -Gold medalist in Class 12 -Received a merit certificate from CBSE for being amongst 0.05% successful candidates in Political Science.
Association With Professional Bodies
Life time membership with National Academy of Psychology Life time membership with Comparative Education Society of India

Other Activities
<ul style="list-style-type: none"> <li>• As a speaker delivered a talk on Stress and its management organized by Counselling Committee at Dr. Bhimrao Ambedkar College on 4th August 2021.</li> <li>• Delivered a talk on 'Celebrating India: Perspectives from Psychology' in the BBE department at Dr. Bhimrao Ambedkar College on 17th September 2021.</li> <li>• Invited as a speaker to talk about emotional wellbeing amongst young adults at Department of Applied Psychology, South Campus, University of Delhi on 8th November 2023.</li> </ul>



Signature of Faculty Member